



How this whole online course thingy works:

I'm guessing that the majority of you haven't participated in an online course (otherwise known as an Interactive Learning Environment, or ILE. It sounds super fancy, I know...) so I thought I'd take some time to explain how the whole thing works and the variety of ways you can use it. It goes a little something like this:

- First things first, you decide you want to participate in the course and so you register.
- Registration will open on the 17th and close on the 20th It's first come first served, so make sure you're on the list to be notified when it opens. I'm limiting the number of students to 150 so that I can be sure everyone's well taken care of, and I expect those slots to go fast. Keep your eyes peeled for the link I send out on the 17th for where you can sign up.
- Once you've registered, you've got yourself a username and password. With this, you head on over to www.practiceabundancecourse.com and enter them, which takes you to the members only area of the website.
- In the members only area you'll find all the good stuff. This has every module that I described in the outline and all the lessons that go with each module. There's also the huge bonus of the forum which is a place where you can ask questions and reach out to your classmates for mutual support and brainstorming. The site also has a way to contact me directly (though I'll be in the forum every day as well). We'll also be having group calls together where we can actually talk and you can bring up any questions you have with me.
- The lessons within each module will be dripped out at a pace that is designed to make it easy for you to follow along and put the information to use- on average a new lesson will be available every 2 days. They will include written, audio, and video material and bonus material from other experts (designers, accountants, self-care gurus). You can use as much or as little as you need. From start to finish the course is designed to take most people 3 months.
- However, *this does not mean you're required to use the lessons this way.* I won't expect everyone to be following along on the timeline I set up. You'll



have weeks where you can dedicate more time to it, and weeks when you have less. It's primarily designed for you to use it at your own pace.

- And you have lifetime access to the site, so there's no rush. If you know you can't even look at it for 6 months, that's just fine. All the information will still be there waiting for you, and the support forum will still be manned and at your service. It's the beauty of learning online and from your own home. Your work things around your schedule. And you don't ever have to pay more.
- Speaking of not paying more, keep in mind that the price is \$197 for the charter members (translation: the first group of students to go through this ILE), and it will go up a bunch the next time I open it for enrollment. Enrollment will only open a couple of times each year, so, you know, if you think it's for you, I'd get on that.
- Stay tuned for yet more information about the course between now and when it opens for enrollment between the 17th and the 20th. If you have any questions in the meantime, feel free to send me an email at brooke@thewellpractice.com. Thanks!